

Included here will be a memory verse selection that includes our favorite aggressive verses to help purge your inner weakness. [Aggression is highly beneficial when channeled and aimed at your own weakness](#). Put beneficial aggressive thoughts into your head. Aim for one verse per week.

This list is not exhaustive but should give you enough material to work on for at least the next year. It is imperative for us to be able to harness our warlike nature and direct it at something. For most of us, there is no external war, so we must turn to our internal insufficiencies and wage war on them. Build your strengths on the ruins of what once was your weakness.

Week 1

“On that day Joshua took Makkedah, and struck it and its king with the edge of the sword. He utterly destroyed them – All the people who were in it. He let none remain. He also did to the king of Makkedah as he had done to the king of Jericho”

Joshua 10:28

Week 2

6. “But the Lord said to Joshua, “Do not be afraid because of them, for tomorrow about this time I will deliver all of them slain before Israel. You shall hamstring their horses and burn their chariots with fire.” 7. So Joshua and all the people of war with him came against them suddenly by the waters of Merom, and they attacked them.”

Joshua 11:6-7

Week 3

8. “And the Lord delivered them into the hand of Israel, who defeated them and chased them to Greater Sidon, to the Brook Misrephoth, and to the Valley of Mizpah eastward; they attacked them until they left none of them remaining. 9. So Joshua did to them as the Lord had told him: he hamstrung their horses and burned their chariots with fire.”

Joshua 11:8-9

Week 4

“Arise, O Lord; Save me, O my God; For you have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly.

Psalms 3:7

Week 5

“Declare them guilty, O God; let them fall by their own devices. Drive them out for their many transgressions, for they have rebelled against You.”

Psalm 5:10

Week 6

“All my enemies will be ashamed and dismayed they will turn back in sudden disgrace”.

Psalm 6:10

Week 7

“The LORD tests the righteous and the wicked; His soul hates the lover of violence. On the wicked He will rain down fiery coals and sulfur; a scorching wind will be their portion.”

Psalm 11:5-6

Week 8

“May the LORD cut off all flattering lips and every boastful tongue.”

Psalm 12:3

Week 9

1. “Contend with my opponents, O LORD; fight against those who fight against me. **2.** Take up Your shield and buckler; arise and come to my aid.”

Psalm 35:1-2

Week 10

3. ”Draw the spear and javelin against my pursuers; say to my soul: “I am your salvation.” **4.** May those who seek my life be disgraced and put to shame; may those who plan to harm me be driven back and confounded”

Psalm 35:3-4

Week 11

5. “May they be like chaff in the wind, as the angel of the LORD drives them away. **6.** May their path be dark and slick, as the angel of the LORD pursues.”

Psalm 35:5-6

Week 12

7. "For without cause they laid their net for me; without reason they dug a pit for my soul. **8.** May ruin befall them by surprise; may the net they hid ensnare them; may they fall into the hazard they created."

Psalm 35:7-8

Week 13

1. "Do not fret over those who do evil; do not envy those who do wrong. 2. For they wither quickly like grass and wilt like tender plants."

Psalm 37:1-2

Week 14

12. "The wicked scheme against the righteous and gnash their teeth at them, 13. but the Lord laughs, seeing that their day is coming."

Psalm 37: 12-13

Week 15

14. "The wicked have drawn the sword and bent the bow to bring down the poor and needy, to slay those whose ways are upright. 15. But their swords will pierce their own hearts, and their bows will be broken."

Psalm 37:14-15

Week 16

"For the arms of the wicked will be broken, but the LORD upholds the righteous."

Psalm 37:17

Week 17

"But the wicked and enemies of the LORD will perish like the glory of the fields. They will vanish; like smoke they will fade away."

Psalm 37:20

Week 18

“But the transgressors will all be destroyed; the future of the wicked will be cut off.”

Psalm 37:38

Week 19

“May those who seek my life be ashamed and confounded; may those who wish me harm be repelled and humiliated.”

Psalm 40:14

Week 20

7. “The righteous will see and fear; they will mock the evildoer, saying, 6. “Look at the man who did not make God his refuge, but trusted in the abundance of his wealth and strengthened himself by destruction.”

Psalm 52: 6-7

Week 21

“Let Death Seize them; let them go down alive into hell, for wickedness is in their dwellings and among them”

Psalm 55:15

Week 22

“Shall they escape by iniquity? In anger cast down the people, O God!”

Psalm 56:7

Week 23

“Shatter their teeth in their mouth , O God! Break out the fangs of the young lions , O Lord!”

Psalm 58:6

Week 24

“Like a slug that dissolves in its slime, like a woman’s stillborn child, may they never see the sun.”

Psalm 58:8

Week 25

“The righteous will rejoice when they see they are avenged; they will wash their feet in the blood of the wicked.”

Psalm 58:10

Week 26

“You therefore, O Lord God of Hosts, the God of Israel, Awake to punish all the nations; Do not be merciful to any wicked transgressors”.

Psalm 59:5

Week 27

“But You, O LORD, laugh at them; You scoff at all the nations.”

Psalm 59:8

Week 28

“Do not kill them, or my people will forget. Scatter them by Your power, and bring them down, O Lord, our shield.”

Psalm 59:11

Week 29

12. “By the sins of their mouths and the words of their lips, let them be trapped in their pride, in the curses and lies they utter. 13. Consume them in wrath; consume them till they are no more, so it may be known to the ends of the earth that God rules over Jacob.”

Psalm 59:12-13

Week 30

22. “May their table become a snare; may it be a retribution and a trap. 23. May their eyes be darkened so they cannot see, and their backs be bent forever”

Psalm 69:22-23

Week 31

24. “Pour out Your wrath upon them, and let Your burning anger overtake them. 25. May their place be deserted; let there be no one to dwell in their tents.”

Psalm 69:24-25

Week 32

“Pour out Your wrath on the nations that do not acknowledge You, on the kingdoms that refuse to call on Your name”

Psalm 79:6

Week 33

“Pay back into the laps of our neighbors sevenfold the reproach they hurled at You, O Lord.”

Psalm 79:12

Week 34

9. ”Do to them as You did to Midian, as to Sisera and Jabin at the River Kishon 10. who perished at Endor and became like dung on the ground”

Psalm 83:9-10

Week 35

14. ”As fire consumes a forest, as a flame sets the mountains ablaze, 15. so pursue them with Your tempest, and terrify them with Your storm.”

Psalm 83:14-15

Week 36

17. ”May they be ever ashamed and terrified; may they perish in disgrace. 18. May they know that You alone, whose name is the LORD, are Most High over all the earth.”

Psalm 83:17-18

Week 36

1. "O LORD, God of vengeance, O God of vengeance, shine forth. 2. Rise up, O Judge of the earth; render a reward to the proud."

Psalm 94:1-2

Week 37

22. "But the LORD has been my stronghold, and my God is my rock of refuge. 23. He will bring upon them their own iniquity and destroy them for their wickedness. The LORD our God will destroy them"

Psalm 94:22-23

Week 38

"When he is tried, let him be found guilty, and may his prayer be regarded as sin."

Psalm 109:7

Week 39

"May his days be few; may another take his position"

Psalm 109:8

Week 40

"May his children be fatherless and his wife a widow."

Psalm 109:9

Week 41

"May his children wander as beggars, seeking sustenance far from their ruined homes."

Psalm 109:10

Week 42

“May the creditor seize all he owns, and strangers plunder the fruits of his labor.”

Psalm 109:11

Week 43

“May there be no one to extend kindness to him, and no one to favor his fatherless children.”

Psalm 109:12

Week 44

“May his descendants be cut off; may their name be blotted out from the next generation.”

Psalm 109:13

Week 45

May the iniquity of his fathers be remembered before the LORD, and the sin of his mother never be blotted out.”

Psalm 109:14

Week 46

“May their sins always remain before the LORD, that He may cut off their memory from the earth.”

Psalm 109:15

Week 47

9. ”O Daughter of Babylon, doomed to destruction, blessed is he who repays you as you have done to us. 9. Blessed is he who seizes your infants and dashes them against the rocks.”

Psalm 137:8-9

Week 48

19. O God, that You would slay the wicked— away from me, you bloodthirsty men— 20. who speak of You deceitfully; Your enemies take Your name in vain.”

Psalm 139:19-20

Week 49

21. “Do I not hate those who hate You, O LORD, and detest those who rise against You? 22. I hate them with perfect hatred; I count them as my enemies.”

Psalm 139:21-22

Week 50

“And in Your loving devotion, cut off my enemies. Destroy all who afflict me, for I am Your servant.”

Psalm 143: 12

Week 51

“And Jesus entered the temple and drove out all who sold and bought in the temple, and he overturned the tables of the money-changers and the seats of those who sold pigeons. He said to them, “It is written, ‘My house shall be called a house of prayer,’ but you make it a den of robbers.”

Matthew 22: 12-13

Week 52

“Alexander the coppersmith did me much evil: the Lord reward him according to his works”

2 Timothy 4:14